



# Neal's Yard Remedies

Prices correct at time of printing: 12/05/2014

## Treatment Room Timetables

7 Northumberland Place BATH BA1 5AR Tel: 01225 466 944 [www.nyr-bath.com](http://www.nyr-bath.com)

Times: am = 9.30am to 1.30pm and pm = 2pm to 6pm

### Acupuncture

Monday and Friday am	Sue Davison	1st apt £55 for 45 - 60mins, FU:£45 for 45mins
Monday pm	Bryan Melville	1st apt £55 for 45 - 60mins, FU:£45 for 45mins
Thursday am and pm	Jon Huxley	1st apt £55 for 45 - 60mins, FU:£45 for 45mins

### Aromatherapy Massage (\* indicates special training in Aromatherapy for pregnancy)

Please note - at least 15 mins of 1st aromatherapy appts will involve case taking and oils being made up specifically for you.

Wednesday am	Caroline Josling *	£55 for 75 mins /F.Ups: £50 for 60 mins or £65 for 90 mins
Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£55 for 75 mins /F.Ups: £50 for 60 mins or £65 for 90 mins
Saturday pm	Helen Anderson	£55 for 75 mins /F.Ups: £50 for 60 mins
Friday & Sunday	Keiko Kishimoto *	£55 for 75 mins /F.Ups: £50 for 60 mins or £65 for 90 mins

### Clinical Aromatherapy with Oriental diagnosis

Friday & Sunday	Keiko Kishimoto	1st Appt £60 for 90 mins(inc consultaion) F/Up same as Aromatherapy
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### Ayurvedic Herbal Medicine (prices are for consultations only and do not include the costs of any medicines)

Thursday am and pm	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins
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### Warm Bamboo Massage (can also be combined with Hot stone)

Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£55 for 75 mins or £50.00 for 60 mins
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### Bowen Technique

Monday pm	Carla Hanreck	£45 for 60 mins, £30 for 30 mins
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### Bach Flower Therapy (prices are for consultations only and do not include the costs of any medicines)

Sat pm	Celia Stewart	1st apt: £30 for 45mins, FU:£20 for 30mins
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Bach Consultations can be combined with Facial/Massage treatments for an additional £10 (15mins Bach) or £20 (30mins Bach) plus the cost of remedies approx £5.

### Chinese Herbal Medicine (prices are for consultations only and do not include the costs of any medicines)

Thursday am and pm	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins
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### Cranial Osteopathy

Wednesday am	Johanna Bird	1st apt £52 for up to 60mins: FU:£42 for 30mins
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### Craniosacral Therapy

Tuesday am and pm	Jo Hanstead	1st apt £45 for up to 60mins: FU:£38 for 30mins or £45 for 45 mins Children: 1st apt £40 for up to 60 mins: FU:£30 for 30mins
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### Counselling (including couples)

Wednesday pm	Lynda Mutch	£60 for 60mins
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### Ear Candling

Friday & Sunday	Keiko Kishimoto	£35 for 45 mins
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### Facial Treatments

#### Facials, Neal's Yard

Sat pm	Celia Stewart	£45 for 60 mins, Express Facial £30 for 30 mins
Wednesday am	Caroline Josling	£45 for 60 mins, Express Facial £30 for 30 mins
Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£45 for 60 mins, Express Facial £30 for 30 mins

#### Indian Face Massage

Saturday pm	Helen Anderson	£45 for 60 mins, £30 for 30 mins
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#### Facelift Massage with Manual Lymphatic Drainage

Wednesday am	Caroline Josling	£55 for 75 mins or £65 for 90 mins
Friday & Sunday	Keiko Kishimoto	£45 for 60 mins

#### Facial Reflexology / Japanese Cosmo Facelift

Friday & Sunday	Keiko Kishimoto	£45 for 60 mins
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#### Rejuvenessence Facial Energy Release ®

Wednesday am	Caroline Josling	£55 for 75 mins or deluxe with mini NYR facial £65 for 90 mins
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### Facial Rejuvenation Acupuncture (need a course of 6 treatments)

Monday pm	Bryan Melville	1st apt £55 for 45 - 60mins, FU:£45 for 45mins
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### Herbal Medicine (prices are for consultations only and do not include the costs of any medicines)

Saturday am	Ruth Baker	for 30 mins.
Thursday am and pm	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins

### Homoeopathy

Tuesday pm	Sally Wallace	£39 for 60mins, children: £34 for 60mins
Wednesday pm	Lynda Mutch	£60 for 60mins (or £80 for 90 mins)

### Hot stone Massage (Can also be combined with Warm Bamboo)

Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£55 for 75 mins or £50.00 for 60 mins
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### Clinical Hypnotherapy (Solution Focussed)

Tuesday am & Sunday	Maxine Kear	1st Appt for 50 mins + CD is free : FU: £60 for 60 mins
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### Hypno Birthing (Solution Focussed)

Tuesday am & Sunday	Maxine Kear	
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### Indian Head Massage

Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£40 for 45mins or £30 for 30mins
Saturday pm	Helen Anderson	£40 for 45mins or £30 for 30mins
Friday & Sunday	Keiko Kishimoto	£40 for 45mins or £30 for 30mins

Please give 24 hours notice for any changes or cancellations to appointments to avoid a full fee cancellation charge

**Kinesiology, Health**

Tuesday am & Sunday **Maxine Kear** £50 for 75 mins

**McTimoney Chiropractic (free spinal checks available for those considering a treatment)**

Tuesday am and pm **Jo Hanstead** 1st apt £45 for up to 60mins: FU:£38 for 30mins or £45 for 45 mins  
Treatments following a free spine check are charged at the full 1st appointment rate

**Massage including a short Bach Flower Remedy consultaion**

Sat pm **Celia Stewart** with 30mins Bach.

**Massage, Holistic (N.B. Please note that some of your booked time will involve notes being taken and getting changed)**

**\* indicates specialist training in Pregnancy Massage**

Wednesday pm **Leora Sharp** £50 for 75mins, £45 for 60mins, £65 for 90mins  
 Tuesday am & Sunday **Maxine Kear** £50 for 75mins, £45 for 60mins BNS £30 for 30mins  
 Wednesday am **Caroline Josling \*** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins  
 Wednesday pm, Friday pm and Sunday **Lizzie Longhurst \*** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins  
 Sat am **Jeremy Dymond** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins  
 Sat pm **Celia Stewart** £50 for 75mins, £45 for 60mins BNS £30 for 30mins  
 Saturday pm **Helen Anderson \*** £50 for 75mins, £45 for 60mins BNS £30 for 30mins  
 Friday & Sunday **Keiko Kishimoto \*** £50 for 75mins, £45 for 60mins BNS £30 for 30mins £65 for 90 mins

**Massage: Mobilisation & Deep Tissue**

Tuesday am & Sunday **Maxine Kear** £50 for 75mins, £45 for 60mins BNS £30 for 30mins  
 Wednesday am **Caroline Josling** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins  
 Wednesday pm, Friday pm and Sunday **Lizzie Longhurst** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins  
 Sat am **Jeremy Dymond** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins  
 Friday & Sunday **Keiko Kishimoto** £50 for 75mins, £45 for 60mins BNS £30 for 30mins  
 Saturday pm **Helen Anderson** £50 for 75mins, £45 for 60mins BNS £30 for 30mins

**Manual Lymphatic Drainage (MLD)**

Friday & Sunday **Keiko Kishimoto** £50 for 60mins

**Osteopathy**

Wednesday am **Johanna Bird** 1st apt £52 for up to 60mins: FU:£42 for 30mins

**Reflexology (\* Trained in Fertility, Preconception, Pregnancy, Post-Natal Reflexology)**

Wednesday am **Caroline Josling \*** £50 for 75mins/ £45 for 60mins/£30 for 30mins  
 Wednesday pm, Friday pm and Sunday **Lizzie Longhurst \*** £50 for 75mins/ £45 for 60mins/£30 for 30mins  
 Lizzie also offers VRT  
 Saturday pm **Helen Anderson** £50 for 75mins/ £45 for 60mins/£30 for 30mins  
 Friday & Sunday **Keiko Kishimoto \*** £50 for 75mins/ F.U: £45 for 60mins, £30 for 30mins

**Reiki**

Tuesday am & Sunday **Maxine Kear** £35 for 60mins  
 Monday am **Leora Sharp** £35 for 60mins  
 Wednesday am **Caroline Josling** £35 for 60mins  
 Friday & Sunday **Keiko Kishimoto** £35 for 60mins

**Preconception, Pregnancy and Post-Natal treatments.**

These are offered by many of our therapists, please ask for details.

**Shiatsu**

Monday pm **Carla Hanreck** £45 for 60mins, £30 for 30mins

**Spinal Touch**

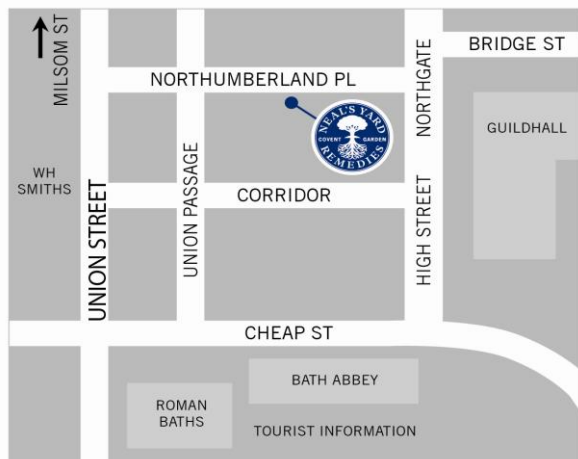
Tuesday am and pm **Jo Hanstead** 1st apt £45 for 60mins: FU:£45 for 45mins

**Head/Neck/Shoulder Shiatsu**

Monday pm **Carla Hanreck** £30 for 30mins

**Thai Foot Massage**

Monday pm **Carla Hanreck** £45 for 60mins



FU = Follow Up  
 BNS = Back neck and shoulders or scalp  
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