



Neal's Yard Remedies

Treatment Room Timetables

7 Northumberland Place BATH BA1 5AR Tel: 01225 466 944 www.nyr-bath.com

Times: am = 9.30am to 1.30pm and pm = 2pm to 6pm

Acupuncture

Monday and Friday am	Sue Davison	1st apt £55 for 45 - 60mins, FU:£45 for 45mins
Monday pm	Bryan Melville	1st apt £55 for 45 - 60mins, FU:£45 for 45mins
Thursday am and pm	Jon Huxley	1st apt £55 for 45 - 60mins, FU:£45 for 45mins

Aromatherapy Massage (* indicates specialist training in Aromatherapy for pregnancy)

Please note - at least 15 mins of 1st aromatherapy appts will involve case taking and oils being made up specifically for you.

Wednesday am	Caroline Josling *	£55 for 80 mins
Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£55 for 75 mins /F.Ups: £50 for 60 mins or £65 for 90 mins
Saturday pm	Helen Anderson	£55 for 75 mins /F.Ups: £50 for 60 mins
Friday & Sunday	Keiko Kishimoto *	£55 for 75 mins /F.Ups: £50 for 60 mins or £65 for 90 mins

Clinical Aromatherapy with Oriental diagnosis

Friday & Sunday	Keiko Kishimoto	1st Appt £60 for 90 mins(inc consultaion) F/Up same as Aromatherapy
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Ayurvedic Herbal Medicine

Thursday am and pm	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins
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Warm Bamboo Massage (can also be combines with Hot stone)

Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£55 for 75 mins or £50.00 for 60 mins
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Bowen Technique

Monday pm	Carla Hanreck	£45 for 60 mins, £30 for 30 mins
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Bach Flower Therapy

Sat pm	Celia Stewart	1st apt: £30 for 45mins, FU:£20 for 30mins (Mini Bach consultations 10 mins for £10)
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Chinese Herbal Medicine

Thursday am and pm	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins
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Cranial Osteopathy

Wednesday am	Johanna Bird	1st apt £52 for up to 60mins: FU:£42 for 30mins
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Craniosacral Therapy

Tuesday am and pm	Jo Hanstead	1st apt £45 for up to 60mins: FU:£38 for 30mins or £45 for 45 mins Children: 1st apt £40 for up to 60 mins: FU:£30 for 30mins
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Counselling (including couples)

Wednesday pm	Lynda Mutch	£60 for 60mins
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Ear Candling

Friday & Sunday	Keiko Kishimoto	£35 for 45 mins
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Facial Treatments

Facials, Neal's Yard

Sat pm	Celia Stewart	£45 for 60 mins, Express Facial £30 for 30 mins
Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£45 for 60 mins, Express Facial £30 for 30 mins

Indian Face Massage

Saturday pm	Helen Anderson	£45 for 60 mins, £30 for 30 mins
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Facelift Massage with Manual Lymphatic Drainage

Wednesday am	Caroline Josling	£55 for 80 mins
Friday & Sunday	Keiko Kishimoto	£45 for 60 mins

Facial Reflexology / Japanese Cosmo Facelift

Friday & Sunday	Keiko Kishimoto	£45 for 60 mins
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Rejuvenessence Facial Energy Release ®

Wednesday am	Caroline Josling	£55 for 80 mins (£50 per session if pay in advance for course of six)
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Facial Rejuvenation Acupuncture (need a course of 6 treatments)

Monday pm	Bryan Melville	1st apt £55 for 45 - 60mins, FU:£45 for 45mins
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Herbal Medicine (prices are for consultations only and do not include the costs of any medicines)

Monday and Saturday am	Ruth Baker	£40 for 60 mins, £25 for 30 min follow ups. Short consult for specific symptom £25 for 30 mins. 15 min free chats to see if herbal medicine appointment may be able to help you.
Thursday am and pm	Sebastian Pole	1st apt £50 for 60mins, FU:£30 for 30mins

Homoeopathy

Tuesday pm	Sally Wallace	£39 for 60mins, children: £34 for 60mins
Wednesday pm	Lynda Mutch	£60 for 60mins (or £80 for 90 mins)

Hot stone Massage (Can also be combined with Warm Bamboo)

Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£55 for 75 mins or £50.00 for 60 mins
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Clinical Hypnotherapy (Solution Focussed)

Tuesday am & Sunday	Maxine Kear	1st Appt for 50 mins + CD is free : FU: £60 for 60 mins
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Hypno Birthing (Solution Focussed)

Tuesday am & Sunday	Maxine Kear	
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Indian Head Massage

Wednesday pm, Friday pm and Sunday	Lizzie Longhurst	£40 for 45mins or £30 for 30mins
Saturday pm	Helen Anderson	£40 for 45mins or £30 for 30mins
Friday & Sunday	Keiko Kishimoto	£40 for 45mins or £30 for 30mins

Kinesiology, Health

Please give 24 hours notice for any changes or cancellations to appointments
to avoid a full fee cancellation charge

McTimoney Chiropractic (free spinal checks available for those considering a treatment)

Tuesday am and pm **Jo Hanstead** 1st apt £45 for up to 60mins: FU:£38 for 30mins or £45 for 45 mins
Treatments following a free spine check are charged at the full 1st appointment rate

Massage with Bach Flower Remedies

Sat pm **Celia Stewart** £50 for 75mins, FU:£45 for 60mins BNS £30 for 30mins

Massage, Holistic (NB Please note that some of your booked time will involve notes being taken esp for 1st appt)

*** indicates specialist training in Pregnancy Massage**

Wednesday pm **Leora Sharp** £50 for 75mins, £45 for 60mins, £65 for 90mins
 Tuesday am & Sunday **Maxine Kear** £50 for 75mins, £45 for 60mins BNS £30 for 30mins
 Wednesday am **Caroline Josling *** £50 for 80 minutes, £65 for 90 minutes
 Wednesday pm, Friday pm and Sunday **Lizzie Longhurst *** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins
 Sat am **Jeremy Dymond** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins
 Sat pm **Celia Stewart** £50 for 75mins, £45 for 60mins BNS £30 for 30mins
 Saturday pm **Helen Anderson *** £50 for 75mins, £45 for 60mins BNS £30 for 30mins
 Friday & Sunday **Keiko Kishimoto *** £50 for 75mins, £45 for 60mins BNS £30 for 30mins £65 for 90 mins

Massage: Mobilisation & Deep Tissue

Tuesday am & Sunday **Maxine Kear** £50 for 75mins, £45 for 60mins BNS £30 for 30mins
 Wednesday am **Caroline Josling** £50 for 80 minutes, £65 for 90 minutes
 Wednesday pm, Friday pm and Sunday **Lizzie Longhurst** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins
 Sat am **Jeremy Dymond** £50 for 75mins, £45 for 60mins, £65.00 for 90 mins. BNS £30 for 30mins
 Friday & Sunday **Keiko Kishimoto** £50 for 75mins, £45 for 60mins BNS £30 for 30mins
 Saturday pm **Helen Anderson** £50 for 75mins, £45 for 60mins BNS £30 for 30mins

Manual Lymphatic Drainage (MLD)

Friday & Sunday **Keiko Kishimoto** £50 for 60mins

Osteopathy

Wednesday am **Johanna Bird** 1st apt £52 for up to 60mins: FU:£42 for 30mins

Reflexology (* Trained in Fertility, Preconception, Pregnancy, Post-Natal Reflexology)

Wednesday am **Caroline Josling *** £50 for 80 minutes
 Wednesday pm, Friday pm and Sunday **Lizzie Longhurst *** £50 for 75mins/ £45 for 60mins/£30 for 30mins
 Lizzie also offers VRT
 Saturday pm **Helen Anderson** £50 for 75mins/ £45 for 60mins/£30 for 30mins
 Friday & Sunday **Keiko Kishimoto *** £50 for 75mins/ F.U: £45 for 60mins, £30 for 30mins

Reiki

Tuesday am & Sunday **Maxine Kear** £35 for 60mins
 Monday am **Leora Sharp** £35 for 60mins
 Wednesday am **Caroline Josling** £50 for 80 minutes
 Friday & Sunday **Keiko Kishimoto** £35 for 60mins

Preconception, Pregnancy and Post-Natal treatments.

These are offered by many of our therapists, please ask for details.

Shiatsu

Monday pm **Carla Hanreck** £45 for 60mins, £30 for 30mins

Spinal Touch

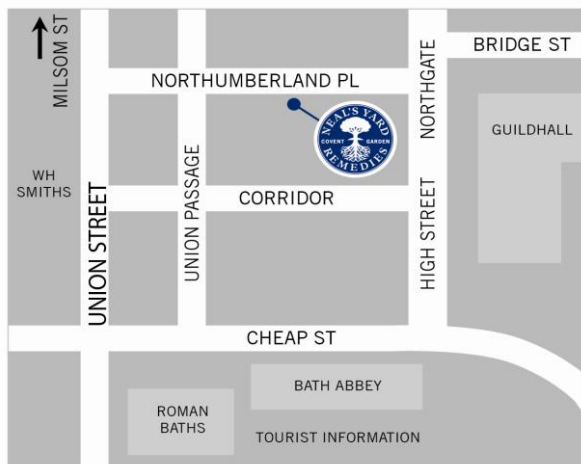
Tuesday am and pm **Jo Hanstead** 1st apt £45 for 60mins: FU:£45 for 45mins

Head/Neck/Shoulder Shiatsu

Monday pm **Carla Hanreck** £30 for 30mins

Thai Foot Massage

Monday pm **Carla Hanreck** £45 for 60mins



FU = Follow Up
 BNS = Back neck and shoulders or scalp
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