

# Bounce Back Postnatal Massage Or Reflexology



**Enjoy a Bounce Back Top to Toe Postnatal  
massage or reflexology treatment at your home or  
Neal's Yard Bath with Lizzie.**

*'Physically, Mentally and emotionally a real boost to  
look forward to, for some 'Me Time.'*

- My clients have told me how great it is to have a massage or reflexology treatment after having their baby as it helps them to have time for themselves to relax and to tune in to how their body is feeling and recovering.
- You can enjoy your massage in the comfort of your own home or at Neal's Yard for no extra call out during the postnatal period.
- Flexible treatments. Have your treatment with or without your baby. This can be a beneficial relaxation session for you both or some time to yourself.

*'Amazing experience! Lovely to share the session with  
my baby. We were both very relaxed after the  
treatment.'*

Book a Bounce Back Top to Toe treatment for £45 for  
75 minutes. Bounce Back **Gift Vouchers available.**

Contact Lizzie for more  
information

[lizzie@toptotoetreatmentsbath.com](mailto:lizzie@toptotoetreatmentsbath.com)

07880 730867

[www.toptotoetreatmentsbath.com](http://www.toptotoetreatmentsbath.com)