

Infant Massage Instruction

Consultation Form

Infants Name:	D.O.B
Parent/Carer Name:	Contact Tel Number: Email: Emergency Contact:
6/8 week medical check date:	GP:

Any medical concerns (including colic, reflux, constipation):

Current Medications:

What would you most like to achieve from the infant massage instruction:

Do you /or your baby have any mobility needs that may require assistance on the day
(therapy rooms are above the Neal's Yard shop)

Please consider the following contraindications (when not to massage):

- Fever/temperature
- Within 48 hrs of immunisation
- Severe allergies
- Open wound/skin disorders
- Vomiting
- Severe diarrhoea
- Recent surgery

This list is not exhaustive so please check with me if you are concerned about any health issues/conditions your baby has or if you have any concerns whether massage is suitable for your baby at this time.

COVID- 19

I have carried out a full risk assessment and have completed the Control of Cross-Infection in a Post-COVID-19 World Qualification accredited by FHT.

COVID -19 PRE-TREATMENT QUESTIONS:

Do you or any member of your family have COVID -19 or symptoms of COVID- 19?
Have you or your baby been in contact with anyone else in the past 14 days who has COVID-19 or symptoms of COVID-19?
Are you/your baby classed as a vulnerable person?

Please check your temperature and your baby's temperature the morning of the appointment and if higher than normal please call me to defer the session. I will also check your temperature again on arrival at the therapy room.

Disclaimer:

I have read and understand the COVID-19 questions and will notify you if I have any concerns before the session.

I have read and understand the above contraindications and will take full responsibility for myself and my baby during the massage sessions.

I will inform the Baby Massage Instructor of any health issues, if in doubt I will seek professional medical advice prior to booking.

SIGNATURE:	DATE:
------------	-------

Please email this completed form to helenmanister@gmail.com 24 hours before your appointment.

