



# Neal's Yard Remedies

## Treatment Room Timetables

11 Northumberland Place BATH BA1 5AR Tel: 01225 466 944 www.nealsyardbath.com

Please give 48 hours notice if you need to cancel your appointment to avoid being charged in full.

ALL MASSAGE TIMES QUOTED INCLUDE TIME FOR NOTES TO BE TAKEN AND FOR YOU TO GET CHANGED

PLEASE NOTE: ALL CLIENTS MUST COMPLETE A COVID QUESTIONNAIRE BEFORE TREATMENT

### Acupuncture

Monday pm Bryan Melville 1st apt £70 for 60mins, FU:£55 for 45mins

### Allergy & Food Testing with Kinesiology - see also Food Sensitivity Testing

Friday pm Caroline Metz Adults £50 for 60mins or children (under 18) £45 for 60 mins

### Aromatherapy Massage

Please note - at least 15 mins of 1st aromatherapy appts will involve note taking and oils being made up specifically for you.

Your time does also include time spent getting changed.

Wednesday am Caroline Josling £65 for 60 mins

Saturday Ruth Brown £65 for 60 mins

Friday & Sunday Keiko Kishimoto £65 for 60 mins

### Pregnancy Aromatherapy Massage (also see Pregnancy Massage and Pregnancy Reflexology)

Wednesday am Caroline Josling £60 for 60 mins

Friday & Sunday Keiko Kishimoto £60 for 60 mins

### Aromatouch Massage

Tuesday am Beth Lass £60 for 60 mins

### Baby Massage (recommended from 12 weeks)

Tuesday am Helen Manister Sessions £35 for 60 mins - at least two sessions are recommended.

### Ayurvedic Consultation

Friday pm Lucy Fleetwood £80 for 60 mins

### Ayurvedic Coaching

Friday pm Lucy Fleetwood £30 for 30 min, £60 for 60mins

### Ear Candling with gentle drainage massage and candles included

Friday & Sunday Keiko Kishimoto £60 for 60 mins

Tuesday am Beth Lass £60 for 60 mins

### Emotional Freedom Technique

Tuesday am Beth Lass £60 for 60 mins

### Food Sensitivity Testing

Tuesday pm Philippa Parish NP £125 for 60 mins, F/Up £40 for 30mins

### Treatments for the Face & Head (also see Indian Head Massage) - see overleaf

#### Facials, Neal's Yard - (Facials and Massage can be combined - see below)

Monday am Beth Lass £65 for 60 mins

Wednesday am Caroline Josling £65 for 60 mins

#### Ayurvedic Facelift Massage

Tuesday am Beth Lass £65 for 60 mins

Saturday Ruth Brown £65 for 60 mins

#### Frankincense Intense Facial (NYR)

Wednesday am Caroline Josling £65 for 60 mins

#### Facial Reflexology /Japanese Cosmo Facelift /Manual Lymphatic Drainage- treatment tailored for you & using NYR Products.

Friday & Sunday Keiko Kishimoto £65 for 60 mins

Please give 48 hours notice for any changes or cancellations to avoid a full cancellation charge

<b>Facial Rejuvenation Massage with Frankincense</b>		
Wednesday am	Caroline Josling	£65 for 60 mins
<b>Rejuvenessence Facial Energy Release ®</b>		
Wednesday am	Caroline Josling	£65 for 60 mins
<b>Facial Rejuvenation Acupuncture (need a course of 6 treatments)</b>		
Monday pm	Bryan Melville	1st apt £70 for 60mins, FU:£55 for 45mins
<b>Healing</b>		
<b>Crystal Healing</b>		
Tuesday am	Beth Lass	£60 for 60 mins
<b>Also see Reiki</b>		
<b>Hypnotherapy - Cincial, Solution Focused</b>		
Friday pm	Lucy Fleetwood	£60 for 60 mins
<b>Herbal Medicine (prices are for consultations only and do not include the cost of any medicines prescribed)</b>		
Mondays	Giacomo Sandri	NP £50 for 60 mins, £25 for 30 min follow-ups
<b>Indian Head Massage</b>		
Tuesday am	Beth Lass	£60 for 60mins
Saturday	Ruth Brown	£60 for 60mins
Friday & Sunday	Keiko Kishimoto	£60 for 60mins
<b>Kinesiology</b>		
Friday pm	Caroline Metz	NP & F/Ups £50 for 60 mins / Children (under 18) £45 for 60 mins Food Allergy testing £50 adults or £45 for children for 60 mins
<b>Kinetic Chain Release</b>		
Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60mins
<b>Massage</b>		
<b>Hot Stone Massage (N.B.Ruth needs a days notice)</b>		
Saturday	Ruth Brown	£60 for 60 mins
<b>Manual Lymphatic Drainage (MLD) (N.B. please note, this treatment is not suitable for certain conditions such as lymphedema after cancer)</b>		
Friday & Sunday	Keiko Kishimoto	£65 for 60mins
<b>Massage, Holistic (N.B. Please note that some of your booked time will involve notes being taken and getting changed)</b>		
Monday pm	Beth Lass	£60 for 60 mins
Tuesday pm and Sunday	Shireen Hemmati	£60 for 60 mins
Wednesday am	Caroline Josling	£60 for 60 mins
Sunday	Kyle Packer	£60 for 60 mins
Mondays	Giacomo Sandri	£60 for 60 mins
Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60 mins
Friday & Sunday	Keiko Kishimoto	£60 for 60 mins
Saturday & Thursday	Ruth Brown	£60 for 60 mins
Saturday	Lindsay Furness	£60 for 60 mins
<b>Massage: Mobilisation &amp; Deep Tissue (N.B. Please note that some of your booked time will involve notes being taken and getting</b>		
Monday	Beth Lass	£60 for 60 mins
Mondays	Giacomo Sandri	£60 for 60 mins
Sunday	Kyle Packer	£60 for 60 mins
Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60 mins
Friday & Sunday	Keiko Kishimoto	£60 for 60 mins
Saturday	Ruth Brown	£60 for 60 mins
Please talk to staff about strength of massage you require as Therapists' approaches to deep tissue vary		
<b>Pregnancy &amp; Post Natal Massage</b>		
Tuesday am	Beth Lass	£60 for 60 mins
Wednesday am	Caroline Josling	£60 for 60 mins
Saturday pm	Lindsay Furness	£60 for 60 mins
Friday & Sunday	Keiko Kishimoto	£60 for 60 mins

Please give 48 hours notice for any changes or cancellations to avoid a full cancellation charge

### Nutritional Therapy

Tuesday pm	<b>Philippa Parish</b>	
<b>Silver £290. A value package</b>	(Total payment due when booked and all 4 appointments must be used within 3months) One initial nutritional consultation and 3 follow-up appointments.	
<b>Gold £390. A fully comprehensive package</b>	(Total payment due at the first consultation and all 5 appointments must be used within 4 months) A food sensitivity test (worth £125), one full nutritional consultation and 3 follow-up appointments.	
<b>Platinum £580. For those needing more continual support</b>	(Total payment due at the first consultation and all 8 appointments must be used within 14 weeks) A food sensitivity test, one full nutritional consultation and 6, fortnightly follow-up appointments.	

### Podiatry

Thursday	<b>Tim Pursey</b>	NP Podiatry 45 mins Pay Tim on day: £45.00, (F/Up) 30 mins £40.00  Bio-mechanical Assessment - £60 1 hour (orthotics cost extra if needed) ,
----------	-------------------	--

### Psychotherapy for individuals and couples

Thursday	<b>Hilary O'Neill</b>	Individuals 50 minute sessions for £70 Couples 50 minute sessions for £100
----------	-----------------------	---

### Mindful Reflexology

Wed PM and Saturday - alternate	<b>Jo King</b>	£60 for 60 mins
---------------------------------	----------------	-----------------

### Reflexology

Tuesday am	<b>Beth Lass</b>	£60 for 60 mins
Wednesday am	<b>Caroline Josling</b>	£60 for 60 mins
Wed PM and Saturday - alternate	<b>Jo King</b>	£60 for 60 mins
Friday & Sunday	<b>Keiko Kishimoto</b>	£60 for 60 mins
Wednesday, Friday & Saturday	<b>Anna Kwasigroch</b>	£60 for 60 mins
Saturday & Thursday	<b>Ruth Brown</b>	£60 for 60 mins

### Reflexology for Fertility, Preconception, Pregnancy, Post-Natal Reflexology

Wednesday am	<b>Caroline Josling</b>	£60 for 60 mins
Friday & Sunday	<b>Keiko Kishimoto</b>	£60 for 60 mins
Friday & Saturday	<b>Anna Kwasigroch</b>	£60 for 60 mins

### Reiki

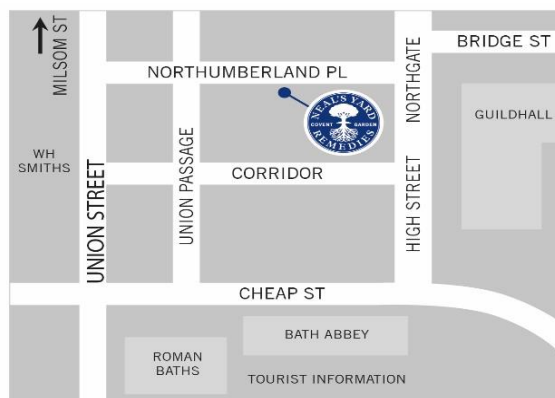
Wednesday am	<b>Caroline Josling</b>	£60 for 60 mins
Friday pm	<b>Caroline Metz</b>	£60 for 60 mins
Friday & Sunday	<b>Keiko Kishimoto</b>	£60 for 60 mins
Saturday & Thursday	<b>Ruth Brown</b>	£60 for 60 mins

### Scar Treatment

Wednesday, Friday & Saturday	<b>Anna Kwasigroch</b>	£60 for 60 mins
------------------------------	------------------------	-----------------

Call 01225 466 944 to book  
Or book on line (only offered by some therapists)  
at:  
<https://nealsyardbath.com/>

Please give 48 hours notice if you wish to change or cancel your appointment to avoid being charged in full.



**Please give 48 hours notice for any changes or cancellations to avoid a full cancellation charge**