



Neal's Yard Remedies

Treatment Room Timetables

11 Northumberland Place BATH BA1 5AR Tel: 01225 466 944 www.nealsyardbath.com

Please give 48 hours notice if you need to cancel your appointment to avoid being charged in full.

ALL MASSAGE TIMES QUOTED INCLUDE TIME FOR NOTES TO BE TAKEN AND FOR YOU TO GET CHANGED

Acupuncture

Monday	Bryan Melville	1st apt £70 for 60mins, FU:£55 for 45mins
Thursday	Fleur Clackson	1st apt £60 for 75mins, FU:£45 for 45mins

Abdominal Ayurvedic Massage (Nabhi Abhyanga)

Tuesday	Shireen Hemmati	£60 for 60 mins
---------	-----------------	-----------------

Allergy & Food Testing with Kinesiology - see also Food Sensitivity Testing

Friday pm	Caroline Metz	Adults & Children £55 for 60mins
-----------	---------------	----------------------------------

Aromatherapy Massage

Please note - at least 15 mins of 1st aromatherapy appts will involve note taking and oils being made up specifically for you.

The session length includes the time spent getting changed.

Tuesday	Shireen Hemmati	£65 for 60 mins
Wednesday am	Caroline Josling	£65 for 60 mins
Tues & Thurs am and alt Saturday	Ruth Brown	£65 for 60 mins
Thursday pm, Friday & Sunday	Keiko Kishimoto	£65 for 60 mins

Pregnancy Aromatherapy Massage (also see Pregnancy Massage and Pregnancy Reflexology)

Wednesday am	Caroline Josling	£65 for 60 mins
Thursday pm, Friday & Sunday	Keiko Kishimoto	£65 for 60 mins

Aromatouch Massage

Monday	Beth Lass	£60 for 60 mins
--------	-----------	-----------------

Baby Massage (recommended from 12 weeks)

Wednesday pm	Helen Manister	Sessions £35 for 60 mins - at least two sessions are recommended.
--------------	----------------	---

Ayurvedic Consultation

Friday pm	Lucy Fleetwood	£80 for 60 mins
-----------	----------------	-----------------

Ayurvedic Coaching

Friday pm	Lucy Fleetwood	£30 for 30 min, £60 for 60mins
-----------	----------------	--------------------------------

Cranial Osteopathy

Tuesday pm	Sultana Khan	Adults: 1st apt £75 for 60mins, FU £55 for 45mins Children: 1st Apt £55 for up to 60mins, FU £40 for up to 45mins
------------	--------------	--

Ear Candling with gentle drainage massage, candles included

Monday	Beth Lass	£60 for 60 mins
--------	-----------	-----------------

Emotional Freedom Technique

Monday	Beth Lass	£60 for 60 mins
--------	-----------	-----------------

Food Sensitivity Testing

Tuesday pm	Philippa Parish	NP £125 for 60 mins, F/Up £40 for 30mins
------------	-----------------	--

Facials and Treatments for the Face & Head (also see Indian Head Massage)

Facials, Neal's Yard - (Facials and Massage can be combined - see below)

Monday am	Beth Lass	£65 for 60 mins
Wednesday am	Caroline Josling	£65 for 60 mins

Frankincense Intense Facial (NYR)

Wednesday am	Caroline Josling	£65 for 60 mins
--------------	------------------	-----------------

Please give 48 hours notice for any changes or cancellations to avoid a full cancellation charge

Facial Reflexology /Japanese Cosmo Facelift /Manual Lymphatic Drainage- treatment tailored for you & using NYR Products.

Thursday pm, Friday & Sunday	Keiko Kishimoto	£65 for 60 mins
------------------------------	------------------------	-----------------

Men's Facial (NYR)

Tues & Thurs am and alt Saturday	Ruth Brown	£65 for 60 mins
----------------------------------	-------------------	-----------------

Wild Rose Facial (NYR)

Wednesday am	Caroline Josling	£65 for 60 mins
Tues & Thurs am and alt Saturday	Ruth Brown	£65 for 60 mins

Ayurvedic Facelift Massage

Tuesday	Shireen Hemmati	£60 for 60 mins
Monday	Beth Lass	£65 for 60 mins
Tues & Thurs am and alt Saturday	Ruth Brown	£65 for 60 mins

Ayurvedic Massage for Eyes, Ears or Nasal Clearing

Tuesday	Shireen Hemmati	£65 for 60 mins
---------	------------------------	-----------------

Frankincense Intense Facial Rejuvenation

Wednesday am	Caroline Josling	£65 for 60 mins , £95 for 90 mins
--------------	-------------------------	-----------------------------------

Rejuvenessence Facial Energy Release (FER)®

Wednesday am	Caroline Josling	£65 for 60 mins, £80 for 75 mins
--------------	-------------------------	----------------------------------

Facial Rejuvenation Acupuncture (need a course of 6 treatments)

Monday pm	Bryan Melville	1st apt £70 for 60mins, F/Up: £55 for 45mins
-----------	-----------------------	--

Healing**Crystal Healing**

Monday	Beth Lass	£60 for 60 mins
--------	------------------	-----------------

Reiki

Tuesday	Shireen Hemmati	£60 for 60 mins
Wednesday am	Caroline Josling	£60 for 60 mins
Friday pm	Caroline Metz	£60 for 60 mins
Thursday pm, Friday & Sunday	Keiko Kishimoto	£60 for 60 mins
Tues & Thurs am and alt Saturday	Ruth Brown	£60 for 60 mins
Saturday pm	Jo King	£60 for 60 mins and £90 for 90 mins

Hypnotherapy - Cincial, Solution Focused

Friday pm	Lucy Fleetwood	£60 for 60 mins
-----------	-----------------------	-----------------

Herbal Medicine (prices are for consultations only and do not include the cost of any medicines prescribed)

Mondays & Thursday pm	Giacomo Sandri	NP £50 for 60 mins, £25 for 30 min follow-ups
Wednesday	Olivia Cliff	NP £60 for 60 mins, £40 for 30 min F/Up. First Aid; 15 minute cinics - Free
Alternate Sundays	Daniella Carrozza	NP £40 for 60 mins, £25 for 30 min F/Up - also fusion with body work £90 for 90 mins

Indian Head Massage

Monday	Beth Lass	£60 for 60mins
Tuesday	Shireen Hemmati	£60 for 60 mins
Tues & Thurs am and alt Saturday	Ruth Brown	£60 for 60mins
Thursday pm, Friday & Sunday	Keiko Kishimoto	£60 for 60mins

Kinesiology

Friday pm	Caroline Metz	NP £55 for 60 mins / F/Ups £50 for 60 mins Food Allergy testing £55 adults and children for 60 mins
-----------	----------------------	--

Kinetic Chain Release

Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60mins
------------------------------	------------------------	----------------

Please give 48 hours notice for any changes or cancellations
to avoid a full cancellation charge

Life Coaching

Saturday pm Alternate	Francesca Ajello	30 minute Intro Session -Free, NP 90 mins 90 and F/Ups 60 mins £60
-----------------------	-------------------------	--

Massage**Ayurvedic Massage**

Tuesday (Women Only)	Shireen Hemmati	£60 for 60 mins
----------------------	------------------------	-----------------

Ayurvedic Body Scrub

Tuesday (Women Only)	Shireen Hemmati	£65 for 60 mins
----------------------	------------------------	-----------------

Hot Stone Massage (N.B.Ruth needs a days notice)

Tues & Thurs am and alt Saturday	Ruth Brown	£60 for 60 mins
----------------------------------	-------------------	-----------------

Lomi Lomi Massage

Sunday (alt)	Daniella Carozza	£65 for 60 mins and £90 for 90 mins
--------------	-------------------------	-------------------------------------

Fusion Massage - Lomi Lomi and Deep Tissue

Sunday (alt)	Daniella Carozza	£65 for 60 mins and £90 for 90 mins
--------------	-------------------------	-------------------------------------

Manual Lymphatic Drainage (MLD) (N.B. please note, this treatment is not suitable for certain conditions such as lymphedema after cancer)

Thursday pm, Friday & Sunday	Keiko Kishimoto	£65 for 60mins
------------------------------	------------------------	----------------

Massage, Holistic (N.B. Please note that some of your booked time will involve notes being taken and getting changed)

Monday	Beth Lass	£60 for 60 mins and £90 for 90 mins
--------	------------------	-------------------------------------

Tuesday	Shireen Hemmati	£60 for 60 mins
---------	------------------------	-----------------

Wednesday am	Caroline Josling	£60 for 60 mins
--------------	-------------------------	-----------------

Monday & Thursday pm	Giacomo Sandri	£60 for 60 mins and £90 for 90 mins
----------------------	-----------------------	-------------------------------------

Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60 mins
------------------------------	------------------------	-----------------

Thursday pm, Friday & Sunday	Keiko Kishimoto	£60 for 60 mins
------------------------------	------------------------	-----------------

Tues & Thurs am and alt Saturday	Ruth Brown	£60 for 60 mins and £90 for 90 mins
----------------------------------	-------------------	-------------------------------------

Sunday (alt)	Daniella Carozza	£60 for 60 mins and £90 for 90 mins
--------------	-------------------------	-------------------------------------

Massage: Mobilisation & Deep Tissue (N.B. Please note that some of your booked time will involve notes being taken and getting changed)

Monday	Beth Lass	£60 for 60 mins
--------	------------------	-----------------

Monday & Thursday pm	Giacomo Sandri	£60 for 60 mins and £90 for 90 mins
----------------------	-----------------------	-------------------------------------

Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60 mins
------------------------------	------------------------	-----------------

Thursday pm, Friday & Sunday	Keiko Kishimoto	£60 for 60 mins
------------------------------	------------------------	-----------------

Sunday (alt)	Daniella Carozza	£60 for 60 mins and £90 for 90 mins - also can combine with herbal medicine or Lomi Lomi both 390 for 90 mins
--------------	-------------------------	---

Please talk to staff about strength of massage you require as Therapists' approaches to deep tissue vary

Naturopathy

Wednesday pm	Lucy Peel	1st apt £90 for 90mins, FU:£55 for 60mins
--------------	------------------	---

Osteopathy

Tuesday pm	Sultana Khan	1st apt £75 for 60mins, FU:£55 for 45mins (Adults and Children)
------------	---------------------	---

Nutritional Therapy

Tuesday pm	Philippa Parish	
------------	------------------------	--

Silver £290. A value package (Total payment due when booked and all 4 appointments must be used within 3months. **One initial nutritional consultation and 3 follow-up appointments.**

Gold £390. A fully comprehensive package (Total payment due at the first consultation and all 5 appointments must be used within 4 months) **A food sensitivity test (worth £125), one full nutritional consultation and 3 follow-up appointments.**

Platinum £580. For those needing more continual support (Total payment due at the first consultation and all 8 appointments must be used within 14 weeks) **Includes a food sensitivity test, one full nutritional consultation and 6, fortnightly follow-up appointments.**

Podiatry

Thursday	Tim Pursey	NP Podiatry Assessment and treatment : £50.00 for 45 mins
----------	-------------------	---

NB Please pay Tim
Podiatry F/up £42 for 30 mins

directly not via shop

,
Dressing Appt £21

Pregnancy & Post Natal Massage

Monday	Beth Lass	£60 for 60 mins
--------	------------------	-----------------

Wednesday am	Caroline Josling	£60 for 60 mins
--------------	-------------------------	-----------------

Thursday pm, Friday & Sunday	Keiko Kishimoto	£60 for 60 mins
------------------------------	------------------------	-----------------

Please give 48 hours notice for any changes or cancellations to avoid a full cancellation charge

Psychotherapy for individuals and couples

Thursday	Hilary O'Neill	Individuals 50 minute sessions for £70 Couples 90 minute sessions for £100
----------	-----------------------	---

Mindful Reflexology

Alternate Saturday pm	Jo King	£60 for 60 mins and £90 for 90 mins
-----------------------	----------------	-------------------------------------

Reflexology

Monday	Beth Lass	£60 for 60 mins
Tuesday	Shireen Hemmati	£60 for 60 mins
Wednesday am	Caroline Josling	£60 for 60 mins
Alternate Saturday pm	Jo King	£60 for 60 mins and £90 for 90 mins
Thursday pm, Friday & Sunday	Keiko Kishimoto	£60 for 60 mins
Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60 mins
Tues & Thurs am and alt Saturday	Ruth Brown	£60 for 60 mins

Reflexology for Fertility, Preconception, Pregnancy, Post-Natal Reflexology

Tuesday	Shireen Hemmati	£60 for 60 mins
Wednesday am	Caroline Josling	£60 for 60 mins
Thursday pm, Friday & Sunday	Keiko Kishimoto	£60 for 60 mins
Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60 mins

Reproflexology

Wednesday am	Caroline Josling	£60 for 60 mins
--------------	-------------------------	-----------------

Reiki - see under healing

Scar Treatment

Wednesday, Friday & Saturday	Anna Kwasigroch	£60 for 60 mins
------------------------------	------------------------	-----------------

Thai Massage

Tuesday	Shireen Hemmati	£65 for 60 mins
---------	------------------------	-----------------



Neal's Yard Remedies

Treatment Room Timetables

11 Northumberland Place BATH BA1 5AR Tel: 01225 466 944 www.nealsyardbath.com

Please give 48 hours notice if you need to cancel your appointment to avoid being charged in full.

ALL MESSAGE TIMES QUOTED INCLUDE TIME FOR NOTES TO BE TAKEN AND FOR YOU TO GET CHANGED

Call 01225 466 944 to book
Or book on line (offered by most therapists)
at:

<https://nealsyardbath.com>

Please give 48 hours notice if you wish to change or cancel your appointment to avoid being charged in full.



Please give 48 hours notice for any changes or cancellations to avoid a full cancellation charge